

Please <u>read this first section carefully each week</u>, as this information changes during the summer and any changes to regular operation will be announced there.

### THEME OF THE WEEK



Po, an avid enthusiast of Kung-Fu and cuisine, finds himself reluctantly elected as the Dragon Warrior, by a twist of fate. However, he is plagued by doubt regarding his ability to assume this prestigious role. After all, he is a clumsy, delicate giant panda, who can't even see his own toes. At first glance, he seems far from the prototype of an athlete, let alone a formidable warrior. But perhaps all he truly needs is a bit of selfconfidence.

### WEDNESDAY: We are dressing up as Kung Fu master

### **FRIDAY SHOWS**

On Friday, attend the children's presentations for some of the camp choices!

Please note that groups with presentations finish at 4:30 p.m. Daycare is offered until 6 p.m.

Camps	Location	Begins at :
Petits Créatifs		
Petits Compagnons	Agora	
Petits Dinosaures		
Petits Fantastiques		
Petits Espions		
Flash-mode		
Choréo		
Magie	248	4pm
Culinaire &	Room S-2008	
Fabrique sucrée		
Artisans	Room S-1007	
	S-1005	
Ça tourne	Room 430	
Robots+	Room 448	
Robolego	Room 469-B	

The other camp choices do not have shows. The children will be at the same place as usual end of the day.

### **SPECIAL NOTES FOR THE WEEK**

- It is suggested to arrive before 8h45 to hasten the arrival process and lower traffic at the welcome table.
- After 9am, enter by the new main entrance of the cegep on the right side of the building



### IN THE FOLLOWING PAGES - ALL THE INFORMATION FOR THE SUMMER!

- Arrival / departure
- What to put in my backpack
- Lunch, snacks and BBQ
- Swimming
- T-shirt for sale
- Medications

- Allergies
- Important notes
- Behavioral follow-up note
- Fanclub zone
- Day camp access plan
- Code of conduct

### **ARRIVAL AND DEPARTURE**

ENTRANCE: 15 615 Boul. Gouin O, porte principale. On the next pages, you will find a map indicating where parking is permitted.

#### **MEETING AREA:**

7 to 13 years old: On the steps in front of the cegep 4 to 6 years old (mini zone): Cafeteria.

#### **RECEPTION PLACE IN THE MORNING** 7 to 13 years old: In front of the CEGEP entrance 4 to 6 years old (mini zone): In the cafeteria **MORNING WELCOME**

Extended camp care program included from 7 a.m. to 9 a.m., beginning of the day at 9 a.m. When you arrive in the morning:

-Give the presence of the child at the reception table

-Validate the list of people authorized to leave with the child as well as the secret code

-Give medications, if necessary

-When entering, the child must drop off his backpack in the designated area and have fun at the daycare.

-At 9 a.m., the children are grouped together and taken care of by their camps counsellor.

It is suggested to arrive before 8h45 to hasten the arrival process and lower traffic at the welcome table.

#### END OF DAY DEPARTURE

Activities end between 3:45 p.m. and 4 p.m. and extended camp care program, included, takes place from 4 p.m. to 6 p.m.

... before 4 p.m.: Pick up your child from his group.

... during extended camp care : Locate and pick up your child inside the daycare then go to the table to confirm departure.

**SECRET CODE / ID** A secret code or photo ID will be requested from the authorized person picking up the child.

DEPARTURE OF THE CHILD EARLIER | For logistical reasons, it is impossible to pick up a child between 3:30 p.m. and 3:45 p.m., as they are on the way to the meeting place. If the child has to leave during the day, please notify us in the morning so that the child can be brought to the office at the scheduled time.

### WHAT TO PUT IN MY BACKPACK











Water bottle

Swimming &lunch suit



Sunscreen



PFD - Personal flotation device:

Compulsory for children from 4 to 6 years old

 For children aged 7 and over with difficulty swimming

**PROHIBITED:** Nuts, peanuts, portable video games and other digital devices, trading cards (e.g. Pokémon cards).

LOST OBJECTS: Dedicated bins are available on site. At the end of the summer, any object that has not been claimed will be donated to charity organizations. Sportmax is not responsible for any stolen, lost or broken item.

### LUNCH AND SNACKS

Children bring **COLD LUNCHES** and **2 SNACKS** every day. Children do not have access to a microwave.

**WARM MEAL** : A warm meal service (main course, side dishes, dessert and beverage) is also offered, at \$40 (from Monday to Thursday).

Registration online or in person **no later than Thursday morning of the previous week**.

MENU AVAILABLE ON THE INTERNET

### FRIDAY BBQ LUNCH

Every Friday, hot-dogs (chicken), chips, juice and frozen treat are offered to all campers, **free of charge**.



### SWIMMING

Swimming at the municipal swimming pool between 4 and 5 times a week (depending on weather conditions, swimming frequency may vary).

The child must bring **swimsuit and towel EVERY DAY**. To facilitate the preparation for this activity, it is suggested that children in the Mini zone (4-6 years old) wear their swimsuit under their clothes as soon as they arrive.

**SWIMMING TEST AND PERSONAL FLOATING DEVICE** : On his or her first swimming session of the summer, your child must do a swimming test\*. This test helps determine if your child needs a personal flotation device (PFD). **All young children (4-6 years old) must provide and wear a flotation device**. <u>Please provide a PFD</u> for your child.

### T-SHIRT FOR SALE

An optional t-shirt is on sale at the day camp reception desk for \$20!



### MEDICATION

Except for epinephrine auto-injectors (EpiPen®) that the child must always have at hand (in a backpack, waist pack or in the counselor's bag), **all medicine must be left at the reception desk.** 

A counselor or a member of the management team will supervise the medicine intake at the proper moment during the day.

### **NUTS AND PEANUTS ALLERGIES**

**Nuts and peanuts are strictly prohibited on site.** We kindly ask you to avoid products with the tag "may contain traces of peanuts."

The management reserves the right to confiscate any product that seems inappropriate, and to replace it, at the parents' expense.

### **IMPORTANT NOTES**

**SUNSCREEN**: Please apply sunscreen before leaving home and provide your child with a SPRAY container marked with their name in their backpack. The sunscreen will remain at the day camp during the week, and will be given on Friday. If the container is empty during the week, a memo will be placed in the lunch box.

**BOTTLE AND WATER FOUNTAIN:** Please provide a bottle identified with your child's name.

ACCESS AND PARKING: See map on next page.

**COOKING CAMPS (sweet factory, culinary and little chefs):** Please provide empty reusable dishes to take home one or two recipes. Thank you for your collaboration.

**NEW ENTRANCE:** Between 9am and 6pm, the main access to the camps and the office will be by the new main entrance on the right side of the building. See the pictures on the next pages.

**INFORMATION ABOUT YOUR CHILD:** If your child has any medical, behavioral or allergy issues, please be sure to complete the questionnaire in your child's file:

1- Once connected, click on the "FILE" button under the child's name

2- Click the "QUESTIONNAIRE" tab

3- Complete the section "INFORMATION ABOUT YOUR CHILD"

4- Click the "SAVE" button

**LOST ITEMS:** Please identify your child's equipment, which facilitates the search in case of loss. You can also find your child's lost items near the camp office, in bins identified for this purpose.

**WORK:** Please note that expansion work at the Cégep is taking place this summer and that mitigation measures are being put in place.

### **BEHAVIORAL FOLLOW-UP NOTE**

So that every child can have a positive experience, we will issue a behavioral follow-up note **EVERY TUESDAY**, at the end of the day, which will keep you informed about your child's attitude and involvement during the week. It is a key way to inform the parents of any situation demanding some adjustments. Please take a few minutes to discuss it further with your child and never hesitate to talk to his or her counselor if needed.

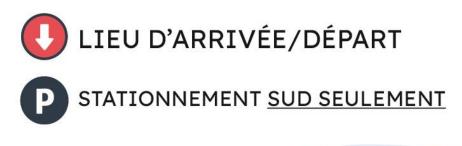
### **FANCLUB ZONE**

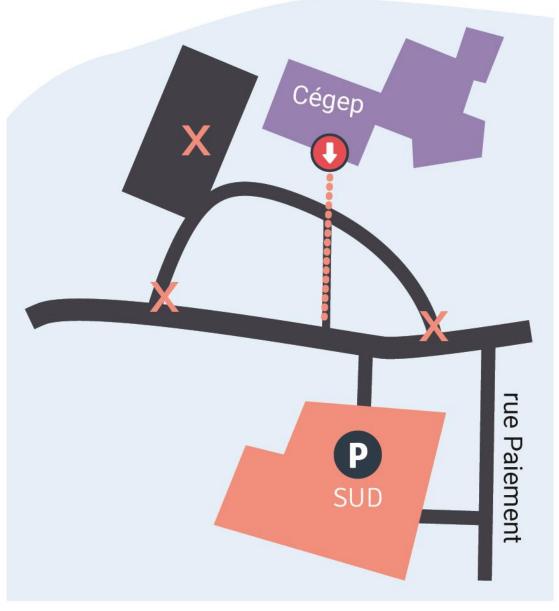
FANCLUB ZONE Visit the FANCLUB area to discover photos and videos of the summer, the camp song and the personalized files of all team members!

Visit : fanclub.sportmax.ca

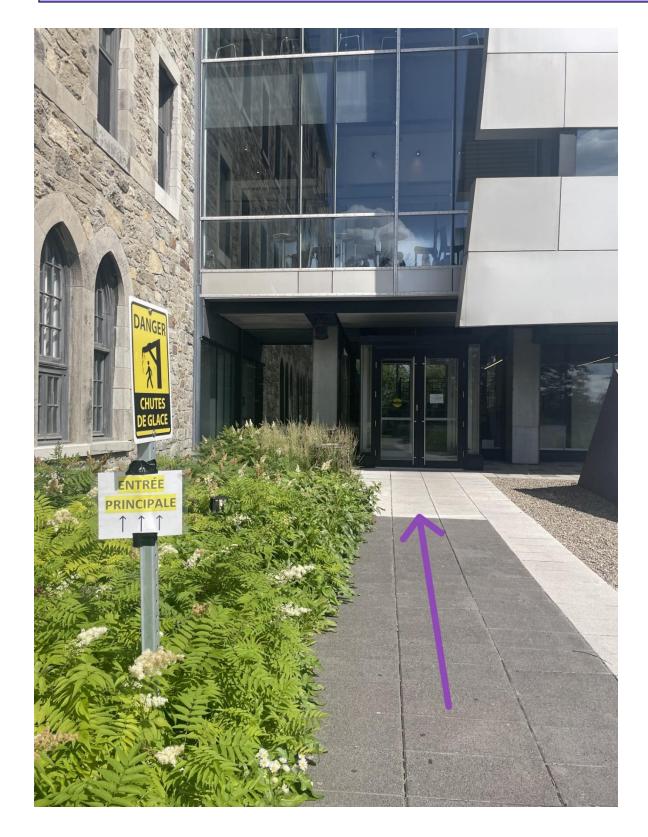
# PLAN D'ACCÈS AUX CAMPS DE JOUR

Cégep Gérald-Godin 15 615, boul. Gouin O.





## NEW MAIN ENTRE ( Betweeen 9am to 6pm)





# **CODE OF CONDUCT**

The rules of good behavior must be observed in order for the planned activities to be held and to ensure that every child can have a positive experience. Noncompliance can lead to sanctions which can go as far as expulsion.

## AS A PARTICIPANT IN THE DAY CAMPS:

- I have fun and I am positive
- I respect the counsellors and their guidelines
- I respect the others participants, I help and encourage them
- I take part in all the activities, even those that I like less
- I always stay with my group and my counsellor
- I talk to my counsellor to address the situation when I have a problem with another child
- I take care of the equipment and the premises
- I take care of the planet by picking up my waste and sorting it out properly

### PARENTS' INVOLVEMENT

Although some children may face certain behavioral challenges, the code of conduct applies to everyone. It is therefore essential to declare any special aspect regarding your child's behavior and/or health. Please provide our team with any relevant piece of information or tip that could help us provide him or her with the best possible supervision. Your collaboration is key!

### **DISCIPLINARY ACTIONS**

At all times, counsellors can intervene with the children: a participant can be issued a warning without the need of any sanction. Sanctions will normally be imposed along a gradual scale of measures. However, depending on the nature of the actions taken, more severe sanctions can be issued, without prior notice.

ON THE BACK THE 3 LEVELS OF DISCIPLINARY MEASURES EXAMPLES OF PROBLEMATIC BEHAVIORS

# **CAMPS** de **jOUR**

# **CODE OF CONDUCT**

# DISCIPLINARY MEASURES - CODE YELLOW

### EXAMPLES OF WRONGFUL BEHAVIOR

- To be issued more than 3 warnings for the same behavior
- To use inappropriate language
- To mock, insult someone or make disrespectful remarks (racist, sexist, on a disability, etc.)
- To push or shove someone
- To refuse to participate
- To refuse to stay silent when asked to
- To be negative

### SANCTIONS

- Verbal warning
- Partial removal from an activity
- Notification to the parent

# **DISCIPLINARY MEASURES - CODE ORANGE**

### EXAMPLES OF WRONGFUL BEHAVIOR

- To repeat a behavior for which the child received a YELLOW notice
- •To punch another child or to fight
- To refuse to follow the group
- To bully or threaten another child
- To steal
- To vandalize

### SANCTIONS

- On-site suspension: detention in the coordinator or the special educator's office
- Notification to the parent
- Establishment of an intervention plan

# **DISCIPLINARY MEASURES – CODE RED**

### EXAMPLES OF WRONGFUL BEHAVIOR

- To repeat a behavior for which the child received an ORANGE notice
- To hit another child in the face on in the head
- To hit, bite, or spit on a counsellor or any person in charge
- To throw a tantrum
- To refuse to go in the coordinator or the the special educator's office
- To flee

### SANCTIONS

Depending on the severity of the actions taken:

- One-day suspension (without refund)
- Expulsion without the possibility to come back (proportional refund)

As soon as the parent is notified, they must immediately come pick up their child at the camp.

Management must believe that the child and the parents' cooperation will be satisfying in order for the child to be able to come back to camp.

\*The examples of wrongful behavior are provided for information purposes only. Other kinds of behavior can also be sanctioned.